

#### **PHYSIOTHERAPY SERVICES:**

- · Exercise therapy
- Manual therapy
- Hand therapy
- · Gait training
- TENS
- IFT
- Ultrasound
- · Short wave diathermy
- · Wax bath
- Traction
- Tilt table
- Infrared Radiation

## OCCUPATIONAL THERAPY SERVICES:

- · ADL (Activities of Daily Living) training
- · Functional Abilities training
- · Balance training
- · Hand Therapy and hand functions
- · Cognitive training
- Environmental modifications
- Ergonomic corrections
- · Psychosocial group therapy
- · Wheelchair and mobility aids recommendations
- Therapy for developmental delay
- Play therapy
- Splinting

Address: Word and Deed India Campus, NH65, Laxmareddy Palem, Pedda Amberpet, Hayathnagar, Hyderabad- 501505

Timings: 10 am to 6 pm www.unicorpus.org



"Know and own your health"

For appointment please call

91 9100733681, 040-29553681



## UNICORPUS REHABILITATION CENTRE

The first step in your journey towards independence...



#### **ABOUT US:**

Unicorpus was established in 2015 in Hyderabad to provide ethical, evidence based, compassionate and holistic health care. Unicorpus is a 80G and 12A approved organization. Our comprehensive team is composed of experienced professionals in medical care, surgical care and rehabilitation working in a green and serene campus.



#### WHAT IS REHABILITATION?

Every individual has the inherent tendency and right to be an expert in his or her own health care.

Rehabilitation is concerned with the education and training of individuals to be able to carry out activities of daily living by themselves, thus promoting self-care and functional independence.

According to WHO, Rehabilitation is defined as "a set of interventions designed to optimize functioning and reduce disability in individuals with health conditions in interaction with their environment".

### WHO NEEDS REHABILITATION AND WHY?

- Persons with disabilities need to be rehabilitated so that they can live as independently as possible in the common society without being isolated.
- Rehabilitation helps a child, adult or older person to be as independent as possible in everyday activities and enables participation in education, work, recreation and meaningful life roles such as taking care of family.
- Anyone with a health condition who experiences some form of limitation in functioning, such as mobility, vision, or cognition, may need rehabilitation.
- People with severe, long-term physical, mental, intellectual or sensory impairments may benefit substantially from rehabilitation.

# PROGRAMS AVAILABLE IN UNICORPUS REHABILITATION CENTRE:

- 1. Brain Rehabilitation (Stroke, Brain Injury, Multiple Sclerosis)
- 2. Spine Rehabilitation (Spinal Cord Injury, Guillian Barre Syndrome)
- 3. Orthopaedic Rehabilitation
- 4. Transitional care (Post surgery)
- 5. Paediatric rehabilitation
- 6. Geriatric rehabilitation
- 7. Deformities (Burns, Nerve Injuries, Leprosy)
- 8. Community based Rehabilitation
- 9. Ergonomics
- 10. Palliative care

#### **REHAB TEAM AT UNICORPUS:**

Rehabilitation requires a multidisciplinary team approach. The rehab team at Unicorpus Rehabilitation centre comprise of:

- 1. Doctors (PMR, Orthopaedician, Neurologist, Plastic surgeon, Physician)
- 2. Physiotherapists
- 3. Occupational Therapist
- 4. Nurses